

**Army  
Benevolent  
Fund**



**Bear Grylls**

British Adventurer & ABF supporter



# “Join our Army of fundraisers in 2025”

We are the Army’s national charity – supporting soldiers, veterans and their families in times of need.



Join our Army of fundraisers in **2025!** Search ‘ABF Events’ to learn more.



Army Benevolent Fund is a registered charity in England and Wales (1146420) and Scotland (SC039189) and registered as a company limited by guarantee in England and Wales (07974609).

**For Soldiers. For Life.**